

## **OCAW-SVC Partners with Chinese Health Initiative to Enhance Community Health Outreach**

**By Anne Hu**

In March 2024, the OCAW-SVC proudly announced a partnership with the Chinese Health Initiative (CHI), an organization dedicated to addressing the unique health needs of the Chinese community. This collaboration aims to support El Camino Health's mission of promoting culturally sensitive care through CHI's specialized programs, which raise awareness and provide prevention strategies for health conditions prevalent in the Chinese population.

CHI stands out as the first program in the region specifically designed to cater to the Chinese community's health needs. The initiative is guided by a board of advisors composed of community and business leaders, as well as doctors, who offer insights into the distinct healthcare requirements of individuals of Chinese descent. The services and programs provided by CHI include:

**Health Education and Screenings:** Offering hypertension and diabetes screenings, along with a Diabetes Prevention series to promote early detection and management.

**Culturally Competent Health Information:** Ensuring access to care and resources tailored to the cultural context of the Chinese community.

**Well-Being Programs:** Initiatives such as "Ask a Dietitian" and Qigong classes aimed at improving overall health.

**Emotional Well-Being Resources:** Providing support and resources to help manage and maintain emotional health.

The current president of OCAW-SVC, Jen Tsao, has been instrumental in forging this partnership. "CHI is a non-profit organization offering free resources to Chinese residents in the Bay Area. We are excited to collaborate with CHI to extend our outreach and introduce these valuable resources to our members, their friends, and families," said Tsao.

OCAW-SVC and CHI will jointly offer monthly educational programs, seminars, and energy healing classes, available both in-person and online. These initiatives are made possible

through the generous contributions of corporate and private donors in the Bay Area. Volunteers are also welcome to join and support these efforts.

This partnership promises to enhance the health and well-being of the Chinese community, providing essential services and fostering a greater understanding of culturally specific health needs. Please browse their website here.

<https://www.elcaminohealth.org/community/chinese-health-initiative>